

PDT (Pre-Departure Training) SloMSA

Pre-Departure Training is a training/lecture organized by the Local Exchange Officer (LEO). The purpose of the PDT is to provide useful information on insurance, visas, necessary documents, etc.

1. Work with IFMSA student database

- sending the application form (AF) + mandatory documents (COD).
- obtaining a Card of Acceptance (CA) - **8 weeks before** the start of the internship.
- sending a Card of Confirmation (CC) - **4 weeks before** the start of the internship.
- thorough study and understanding of the Exchange Conditions (of your destination) - contain information about the dress code at the hospital, specific documents, visa, insurance, etc.

2. Contact contact (CP)

- contact him/her as soon as possible, in your own interest.
- he/she provides you with basic information, pick-up info (from the airport, train / bus station, if offered by the hosting National Member Organization (NMO)).
- mediates the first contact with the hospital and accommodation.
- in case of contact problems, contact your LEO, who will help you to establish contact with the hosting NMO.

3. Documents

- **passport/ID card** (check the validity of the card and the validity conditions of the card for entry into a foreign country).
- **visa** (check the visa section in the Exchange Conditions of the country you are going to).
- you should also check the website of the host country's Ministry of Foreign Affairs. We recommend you to check the website of the Ministry of Foreign Affairs of your home country, too.
- However, keep in mind that you are solely responsible for the visa application process and obtaining it. To obtain some type of visa, you need to obtain a paper (hardcopy) version of the Invitation Letter.

4. Hardcopy documents

- these documents are required for presentation upon arrival in the host country (hardcopy of travel insurance, Vaccination Card, results of some specific examinations, etc.).

5. SCOPE Student's Handbook

- notebook of clinical practice.
- it is necessary to download and print it from the section Documents for outgoings = (prepojenie linku na dokument).

6. Vaccinations

- information on compulsory and recommended vaccinations can be found on the website of the Public Health Office of your home country.

7. Insurance

Types of insurance:

A. Health insurance

Explanation: basic travel insurance.

- if it is an EU member state, the European Health Insurance Card is sufficient.

B. Liability insurance

Explanation: Civil Liability Insurance is non-life insurance covering losses caused to third parties or their property. Insurance for damage caused (to property). It is part of almost every travel insurance (it is necessary to verify this).

C. Malpractice insurance

Explanation: Malpractice insurance is a professional liability insurance that protects healthcare professionals (and other professionals) from litigation with patients and clients of a healthcare facility. This is insurance for damages caused (to health, eg during the performance of your internship). Slovak insurance companies do not offer this kind of insurance to students.

TIP: <https://www.protrip-world.com/information/IFMSA>

D. Other types of insurance (insurance for mountains, sports, etc.).

8. Academic recognition of summer practice

- in general, IFMSA SCOPE internships are accepted at Slovak medical faculties by the guarantors of subjects/heads of institutes and clinics as an equivalent substitute for summer practice.
- in any case, it is necessary to verify the conditions of academic recognition of summer practice with the subject guarantor or at the study department of your university. You can also contact your Local Exchange Officer (LEO). The study department will provide you with more detailed information on the process of recognizing summer practice.

9. During the SCOPE internship

Every student is entitled to:

- accommodation for 4 weeks.
- one hot meal/working day or its equivalent in the form of meal tickets or pocket money.
- IFMSA SCOPE Certificate confirming completion of the internship (after fulfilling the conditions of the host country and filling in the Evaluation Form in the student IFMSA database).

10. Tips

Budget

- find out what the cost of living in country of your future SCOPE internship is and make an honest budget with a planned expenditure plan.

Flight ticket

The web portals below will help you in your search for a ticket in advance at the best possible price:

- <https://www.farecompare.com>
- <https://www.expedia.com>
- <https://www.skyscanner.net>
- <https://www.momondo.co.uk>
- <https://www.kayak.ie/flights>

Payment cards

- check with your bank the amount for foreign payments and card withdrawals in your future SCOPE internship destination.
- in case of unfavorable fees, the possibility to open an account free of charge, together with a physical card and no fees: <https://www.revolut.com/en>

Free time (accommodation, trips, meals)

- www.booking.com
- <https://www.airbnb.com>
- <https://www.couchsurfing.com/>
- www.tripadvisor.com/
- <https://foursquare.com>
- <https://www.freetour.com/>